

## ABSTRACT OF THE DISCLOSURE

A disposable garment includes a gasket around one or more openings for the legs, arms, waist or the like on a wearer. At least a portion of the garment includes a targeted elastic material including zones of high and low elastic tension and/or high and low stretch in the same material, integrated during formation of the material. The targeted elastic material is positioned so that at least one high tension and/or low stretch zone is aligned with at least one garment opening, and at least one low tension and/or high stretch zone is aligned inward of the high tension and/or low stretch zone, thereby functioning as a gasket without requiring a separately manufactured, attached elastic band.